

cpd direct

cpd direct

Snack Well. Work Well.



3 ways to order:

@ www.cpd-direct.co.uk

☎ 01482 625600

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in partnership with



HEALTHY NIBBLES

Did you know employees who eat healthily are
25% more likely
 to have higher job performance?*

Employee Wellbeing

The aim of Healthy Nibbles is to help employers use the value of good nutrition to improve workplace wellness and increase employee engagement.

7 benefits of healthy snacking

- Increased energy
- Improved concentration
- Higher job performance
- More engaged
- Lower absenteeism
- Stress reduction
- Supports health targets

Committed to Quality

The snacks in the Healthy Nibbles boxes are made from the highest quality natural ingredients and are free from hydrogenated fats and artificial colours, flavours, preservatives and sweeteners.

Snack Boxes: Fuel your Team

Healthy Nibbles can help your business take care of its employees by providing convenient access to millions of healthy snacks, delivered to your door. Healthy Nibbles snacks will help keep your team fuelled with on-the-go snacks that help increase productivity and make your team feel cared for.

Healthy Vending

A vending machine option is also available which aims to overcome the challenge of finding healthy and nutritious snacks in workplaces. The latest vending machine technology is combined with nutritionally certified, sustainable healthy snacks to provide a dynamic user experience. The vending solution is ideally suited to businesses with over 100 employees.

*Source: research from the Health Enhancement Research Organization (HERO), Brigham Young University and the Centre for Health Research at Healthways shows.

Box Sizes

Boxes come in three different sizes and contain at least 15 different individual products. Depending on the size of the box, there will be either 1, 2 or 3 of each product.



Small Box

£12.49

15 products (1 of each item)

SKU: 0401061

Medium Box

£22.39

30 products (2 of each item)

SKU: 0401062

Large Box

£31.99

45 products (3 of each item)

SKU: 0401063

79% of employees
 would purchase healthy options if they were available**

**Source: Automatic Vending Association (2015).